



# Pool Lifeguard Trainer Assessor Course Information Sheet

## Description

This course is designed to prepare experienced lifeguards to train and assess the National Pool Lifeguard Qualification and provide staff in-service training through Approved Training Centres (ATCs)

## Syllabus

The course is 5 days in duration and has four modules.

- Train the Trainer
- Train the Assessor
- CPR and First Aid
- 8th Edition National Pool Lifeguard Qualification

All the modules must be successfully completed to become a Probationary Trainer Assessor

## Pre-requisites

- At least 18 years of age at the start of the course
- Current National Pool Lifeguard Qualification
- Current individual membership of the RLSS

## Duration

- This course is usually run over 5 consecutive days

## Assessment

- This qualification is assessed by trainers ongoing assessment
- Final poolside and classroom presentations on day 5

Following successful completion of the course and presentations the candidate will be appointed a probationary trainer assessor.

To complete the full qualification following the course candidates must:

- Train a group of lifeguards for the National Pool Lifeguard Qualification (NPLQ)
- Present a group of lifeguards for the National Pool Lifeguard Qualification (NPLQ)
- Assess a group of lifeguards for the National Pool Lifeguard Qualification (NPLQ)



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## **Certification**

- On completion of the course the candidate will become a Probationary Trainer Assessor
- On completion of the probationary requirements the candidate will become a Pool Lifeguard Trainer Assessor

Note that this qualification does not qualify the candidate to train or assess the AED module or NRASTC award. The AED Trainer Assessor qualification can be run as day 6 of this qualification or as a separate 1-day course

For further information and course details contact:

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